

PARENT-CHILD ACTIVITY CARDS:

- Scenario Game: This game challenges you and your child/ children to engage in conversations that are necessary in building a strong foundation of communication and also helps to prepare them for tough situations and ways to handle them.
- -on paper write specific scenarios for example:
 - -Your friend's find a bottle of alcohol in a cabinet at a sleepover and suggest drinking it. What do you do?
 - -You are being bullied online. What do you do?
 - -A popular kid dares you to drink alcohol in front of other kids. What do you do?
 - -Your homework is piling up, but your favorite TV show is coming on. What do you do?

Write as many scenarios that you can think of, cut out the scenarios, fold them in half and place them in a hat or bowl, sit together as a family and play. One person at a time draws a scenario from the hat or bowl and reads it aloud and gives their answer. These scenarios will lead to discussion and encouragement.

LEGACY @ HOME

FAMILY DEVOTIONS:

- Become intentional about a devotional time and developing a family culture around it. Family devotions can initiate deep relationships with children and expand opportunities to pray for and with your children. This may require a shift in how your family spends time together. While it might require a shift in the way your family spends time. Family devotions can bear eternal growth and strength in a spiritual legacy.



GAME NIGHT WITH FRIENDS:

- Invite your children's close friends over and enjoy fun and silly games where laughter and fun fill the evening. This shows your children and their friends that fun can be clean and substance free. It also shows your child(ren) that their friends are also important and the friends they feel are important in their life are also important to you. This allows connecting to your children and enjoying time with them.

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